

MIGRANT OUTBURST BACKFIRES ON TORY

BY **JAMES LYONS** Deputy Political Editor
A TORY attack on foreign workers back-fired yesterday when it was pointed out that the PM hired an Australian nanny. Immigration Minister James Brokenshire told a think-tank migrant workers were seen as good only by the "wealthy elite who wanted cheap tradesmen, but not to ordinary people". But the Camerons hired Sammi Strange two years ago. Labour's Ian Austin said: "Did Mr Brokenshire clear his speech with the



GAFFE Mr Brokenshire

Fake Western Front is found

A MOCK battlefield used to prepare First World War soldiers for action on the Western Front has been uncovered by historians. The site in Gosport, Hants is the size of 17 football pitches and has trenches divided by a no man's land. MoD archaeologist Richard Osgood said it was a "truly remarkable" find. **OLD ROMANTICS** DAISY Pike, 89, and Charlie Winter, 91, are to wed – nine years after meeting at a bus station then going to a chippy in Barnstaple, Devon.

BRENDAN FRASER SARAH JESSICA PARKER JESSICA ALBA RICKY GERVAIS

“FANTASTIC FAMILY FUN” ★★★★★

STAR MAGAZINE

“YOU’LL LAUGH OUT LOUD AND YOUR KIDS WON’T WANT IT TO END. IT’S WIN WIN”

CLAUDIA WINKLEMAN

“VERY FUNNY, FAST MOVING, AND EXCITING”

STEPHEN FRY

“A SNAPPY PIXAR-ISH SCI FI ADVENTURE” ★★★★★

EVENING STANDARD

“OUT OF THIS WORLD FAMILY FUN”

ALAN FRANK, DAILY STAR

ESCAPE FROM PLANET EARTH

IN 3D AND 2D

IN CINEMAS NOW

Contains mild comic violence

ROAD TO RECOVERY Smiling Jayde is feeling better after her ordeal



BY **RICHARD SMITH**

AS bubbly teenager Jayde Dinsdale chatted on the morning after a night on the town, she suffered a cardiac arrest and collapsed.

It was the terrifying start of a traumatic ordeal caused by the caffeine in the Jagerbombs she had downed. Jayde, 18, suffered three cardiac arrests in total, ended up in a coma, and had to spend three weeks in hospital. The student said: "The doctors told me it was all to do with the energy drinks. "Now I'm looking at how much caffeine is in these drinks and I just can't believe they are on sale." She collapsed in the bathroom at home at 10am, eight hours after leaving the club where she downed the Jagerbombs – made from Jagermeister spirit and caffeine-filled energy drinks. Jayde's

80mg
Amount of caffeine in one can of Red Bull. Some energy drinks can have 160mg or more

terrified family administered CPR as they waited for paramedics. Her mum Natalie, 38, said: "She was her normal bubbly self but suddenly her chest jolted and she fell to the floor, hitting her head on the bath and radiator. "I put her in the recovery position and stabilised her but she had another fit. I screamed for my husband. "Jayde's pulse was very faint and she

YOUNGSTERS

YOUNG people can have an exaggerated response to caffeine as their smaller bodies are not used to the effects. Some adults are also more sensitive to caffeine than others – and for them it can trigger heart palpitations. It is a good idea for these

DAD SAVED

JAYDE WITH CPR AS SHE ‘DIED’

CAFFEINE IN CLUB SHOTS STOPPED MY HEART THREE TIMES

Teen collapses 8 hours after drinks

ORDEAL Jayde lies in coma induced by doctors to protect her brain



DELIGHT With parents Darryl and Natalie started to go purple. She was dead on the bathroom floor – it's a miracle that she is still with us." As Eliesha, 12, held her sister's head

steady, dad Darryl, 38, performed CPR he learnt from the British Heart Foundation's Stayin' Alive ads. After arriving in intensive care, Jayde was put in an induced coma for 52 hours to protect her brain and heart. Her family faced an agonising wait to see if she would recover. But she emerged from the coma, then a defibrillator was implanted under the

skin on her shoulder to shock her heart back into a normal rhythm if it beats too fast or too slowly. Jayde was told by medics that when the alcohol she drank had worn off the caffeine in her system took control of her heart rate – causing it to accelerate wildly. She said: "I hope people will think twice about energy drinks – they could



SCAR Showing where defibrillator has been put under skin



getting better but I'm still tired." There was a two-for-one offer on drinks at the club in her hometown on

be deadly." Jayde, of Yeovil, Somerset, is trying to put the ordeal behind her. She said: "At first I was so tired I could barely get out of bed. I'm getting better but I'm still tired." Harrison's family. Her dad Stephen, of Aberdaron, Gwynedd, told the inquest: "A friend said Jamie was sleeping in the garden and could I give a hand to move him." Jamie was taken to hospital but later died. Coroner Dewi Pritchard Jones said: "He died as a result of abuse of alcohol."

the night in January when she had the Jagerbomb binge. Speaking about Jayde's time in hospital, her mum said: "She was covered in tubes. Nothing can prepare you for seeing your child like that." Jagerbombs are often made with Red Bull. A 250ml can of the energy drink has roughly the same amount of caffeine as in a cup of coffee. Dr David Maritz, of Yeovil District Hospital where Jayde was treated, said reports suggest children and young adults are at potential risk from high amounts of energy drinks. Dad-of-five John Jackson, 40, of Darlaston, West Mids, died last year from a caffeine overdose after eating a pack of 12 energy mints. A warning on the caffeine-filled Hero sweets advised people not to eat more than five in 24 hours.

richard.smith@mirror.co.uk
VOICE OF THE MIRROR: PAGE 8

FACE GREATER RISK

COMMENT BY DR MIKE KNAPTON ASSOCIATE MEDICAL DIRECTOR, BRITISH HEART FOUNDATION people to limit their caffeine intake, including energy drinks – so check ingredients on food and drink labels. Be aware that energy drinks mixed with spirits can tip you over recommended limits for alcohol intake, as well as caffeine. For others, up to five cups of coffee a day will not affect your risk of coronary heart disease or cause abnormal heart rhythms.



TRAGEDY Jamie Capon

BOOZE BINGE KILLED BOY, 16

A BOY aged 16 died after downing an "extreme" amount of booze at a house party, an inquest heard. Jamie Capon was more than five times the drink drive limit. Partygoer Daniel Ransley said teenagers from 15 upwards had taken alcohol to the party in a garden marquee, and it had not been provided by host Hannah